

# **THE SBCSC PLAYBOOK**

## **Student~Athlete Collegiate Recruiting Information Guide**



## **Important Phone Numbers and Information:**

The National Collegiate Athletic Association  
700 W. Washington Street  
P.O. Box 6222  
Indianapolis, Indiana 46206-6222  
Phone: 317/917-6222  
Fax: 317/917-6888

For students and parents with eligibility questions:  
NCAA Eligibility Center  
877/262-1492 (toll free)  
317/223-0700

### **Customer service hours:**

10 am - 5 pm Eastern time Monday through Friday

### **Transcript/Document Mailing Address:**

NCAA Eligibility Center  
Certification Processing  
P.O. Box 7136  
Indianapolis, IN 46207

### **Overnight/Express Mailing Address:**

NCAA Eligibility Center  
Certification Processing  
1802 Alonzo Watford Sr. Drive  
Indianapolis, IN 46202

### **SAT School Codes:**

Adams	153260
Clay	153275
Riley	153255
Washington	153280

### **SAT Test Site Codes:**

Adams	15740
Clay	15715
Riley	15720
Washington	15735
St. Joe	15730

## Terminology

ACT	American College Test – Utilized mainly by colleges in the Midwest, Southwest and West; test results are reported as four sub-scores with an overall composite or average score. NCAA Division I and Division II eligibility requirements now utilize the “sum of scores” for initial eligibility, but NAIA utilizes the “composite score” for its eligibility requirements.
Associate Degree	A degree awarded after the successful completion of approximately 70 credit hours (typically attending full-time over a 2-year time-frame).
Bachelor Degree	A degree awarded after the successful completion of approximately 130 credit hours (typically attending full-time over a 4-5 year time-frame).
Clearinghouse	Established by the NCAA to analyze academic information of prospective Division I and Division II student-athletes to determine if they meet the NCAA’s initial-eligibility requirements. There is a \$30.00 fee that must be paid by the student-athlete for this certification process.
Counselor	A person who provides guidance by helping students with academic advising, career information, and life-planning.
Cum Average	Combined average for all four years in high school or combined average in college.
FAFSA	Financial Aid Form – Form that must be completed and submitted to determine qualification for various kinds of grants, aid, loans and work studies.
Financial Aid	Includes parent responsibility, state and federal grants and scholarships, work-study, individual college scholarships, school and community awards, regents scholarship, student’s summer earnings, and contribution from savings.
GPA	Grade Point Average - The NCAA requires that the GPA meet prescribed values in the 13 or 14 required academic core courses.
NAIA	National Association of Intercollegiate Athletics.
NCAA Athletics	Student- athletes who enroll in a Division I or II institution may Scholarship receive financial aid from the school that includes tuition and fees, room and board, and books. There are no guaranteed four year athletics scholarships. An athletic scholarship is awarded for one academic year and may be renewed by the institution each year for a maximum of five years within a six year period.
NJCAA	National Junior College Athletic Association.
PACT Plus	Preliminary American College Test and a career information planning protocol.

PSAT	Preliminary Scholastic Aptitude Test – Taken as a sophomore or early in junior year – used as practice for SAT and as guideline for early application and college potential.
Plan of Study	This is a 4-5 year plan of courses that will meet the requirements of the student's chosen degree. This plan can be created by the student and/or with the assistance of an academic advisor.
SAT	Scholastic Aptitude Test – Entrance requirement for most schools – commonly called College Boards – should be taken during the junior and senior years. Test results are reported as two sub-scores – math and verbal – that are added together for a total score in determining NCAA initial eligibility.
Scholarship Award	Money that is applied to a student's tuition over one year.
Tuition	The fee associated with actually taking a class; this does not include textbooks; room and board are usually a separate fee from the tuition.
Tutor	Student or faculty member who provides assistance to other students in specific subject, and sometimes for a fee.
Work Study	A federally funded student-aid program in which eligible students may earn money working on/off campus at an approved facility.



## Books about College Costs

1. *America's Best Colleges*, US News & World Report, 1996. \$5.95. 287 pages. This special annual issue of US News & World Report focuses on college admissions and financial aid. It includes a 12-page chapter that covers saving for college, filling out financial aid forms, and comparing financial aid awards. To order a copy, call 1-800-836-6397 x300 or write to US News Specialty Marketing, Dept. 300M, PO Box 2284, South Burlington, VT 05407-2284.
2. James Cass and Max Birnbaum, *Comparative Guide to American Colleges*, 15th edition, Harper Collins Publishers, New York, 1993. \$20.00. 896 pages. Profiles of all accredited four-year colleges in America. Includes costs, tuition, and financial aid. To order a copy, write to Harper Collins Publishers, 10 East 53rd Street, New York, NY 10022.
3. Mari Castrovilla and Jeanne Marie Healy (ed), *Graduate School Guide*, 26th edition, New Rochelle, New York, 1996. ISBN 0-910635-33-1 (\$10). 156 pages. A detailed list of graduate college programs, including college cost information. This is an annual publication; the editors of the 2010 edition are Rosemary Ridder and Jeanne Marie Healy. The book's web site is [www.graduateguide.com](http://www.graduateguide.com). To order a copy, call 1-800-433-7771 or 1-914-632-7771, fax 1-914-632-3412, write to School Guide Publications, 210 North Avenue, New Rochelle, NY 10801, or send email to [info@schoolguides.com](mailto:info@schoolguides.com).
4. *Chronicle Four-Year College Databook 1995-96*, Chronicle Guidance Publications, Inc., Moravia, New York, 1995. ISBN 1-55631-240-7 (\$22.49). Order number 502CM4. 467 pages. This directory provides information about enrollment, admissions, costs, and financial aid at 2,143 four-year colleges and universities. Revised annually. To order a copy, call 1-800-622-7284 or 1-315-497-0330, fax 1-315-497-3359, or write to Chronicle Guidance Publications, 66 Aurora Street, PO Box 1190, Moravia, NY 13118-1190.
5. *Chronicle Two-Year College Databook 1995-96*, Chronicle Guidance Publications, Inc., Moravia, New York, 1995. ISBN 1-55631-241-5 (\$22.46). Order number 502CM2. 366 pages. This directory provides information about enrollment, admissions, costs, and financial aid at 2,408 two-year colleges. Revised annually. To order a copy, call 1-800-622-7284 or 1-315-497-0330, fax 1-315-497-3359, or write to Chronicle Guidance Publications, 66 Aurora Street, PO Box 1190, Moravia, NY 13118-1190.
6. *Chronicle Vocational School Manual 1995-96*, Chronicle Guidance Publications, Inc., Moravia, New York, 1995. ISBN 1-55631-250-4 (\$22.48). Order number 502VS. 295 pages. This directory provides information about enrollment, admissions, costs, and financial aid at 3,672 vocational schools. Revised annually. To order a copy, call 1-800-622-7284 or 1-315-497-0330, fax 1-315-497-3359, or write to Chronicle Guidance Publications, 66 Aurora Street, PO Box 1190, Moravia, NY 13118-1190.
7. College Board, *College Cost Explorer*, College Board Publications, New York, 1993. MS-DOS version (\$125). Provides counselors with a tool for advising students about college costs and financial aid at more than 2,700 two- and four-year colleges and universities. To order a copy, call 1-800-323-7155 or write to College Board Publications, Box 886, New York, NY 10101-0886. For more information, call 1-212-713-8165 or fax 1-212-713-8143.
8. College Board, *College Costs and Financial Aid Handbook 1997*, 17th edition, College Entrance Examination Board, College Scholarship Service (CSS), New York, 1996. ISBN 0-87447-544-9 (\$16.95). 330 pages. Lists student expenses at more than 3,100 two- and four-year colleges and universities. The book includes an overview of financial aid, a summary federal and state aid and a PC Windows 3.1 EFC estimation program. The EFC estimator includes both the Federal Methodology and Institutional Methodology, and also includes a loan payment calculator. The book is worth the price for the software alone! Previously titled *The College Cost Book 1994*, ISBN 0-87447-481-7 (\$16.00). To order a copy, call 1-800-323-7155 or write to College Board Publications, Box 886, New York, NY 10101-0886. For more information, call 1-212-713-8165 or fax 1-212-713-8143. \

9. College Board, *College Handbook: Foreign Student Supplement*, College Entrance Examination Board, College Scholarship Service (CSS), New York, 1996. \$16 plus \$8.31 for overseas shipping. To order a copy, call 1-800-323-7155 or write to College Board Publications, Box 886, New York, NY 10101-0886. For more information, call 1-212-713-8165 or fax 1-212-713-8143.
10. *College Costs Today*, New York Life Insurance Company, New York, annual. Free. This publication provides a list of tuition, fees, room and board at most colleges and universities in the US. To get a copy, write to New York Life Insurance Company, 51 Madison Avenue, New York, NY 10010.
11. *College Planning/Search Book*, American College Testing Program, Iowa City, Iowa, 1993. \$10.00. Information about more than 3,000 two- and four-year colleges and universities. To order a copy, call 1-319-337-1410 or write to American College Testing Program, PO Box 168, Iowa City, IA 52243.
12. Heather Evans and Deidre Sullivan, *The Ultimate College Shopper's Guide*, Addison-Wesley, Reading, Massachusetts, 1992. \$12.95. Many rankings and other comparisons of schools according to cost and financial aid packages.
13. Edward B. Fiske and Joseph M. Michalak, *The best buys in college education*, Times Books, New York, 1987. \$10.95. 473 pages.
14. *MoneyGuide: Your Best College Buys Now*, Money Magazine, 1996. \$4.95. 96 pages. This special annual issue of Money Magazine focuses on college admissions and financial aid. It includes 18 pages of tips about financial aid, from the best ways to invest for college to low cost loans and a financial survival guide. To order, write to Money Magazine, Best College Buys, PO Box 30626-0626, Tampa, FL 33630-0626.
15. *Peterson's College Money Handbook*, 14th edition, Peterson's Guides, Princeton, New Jersey, 1996. ISBN 1-56079-697-9 (\$26.95), ISBN 1-56079-716-9 (software). 722 pages. This book provides a capsule summary of college costs and financial aid at more than 1,667 four-year colleges and universities, with a freshman year costs summary chart. It also covers college-controlled merit awards (artistic, academic, and athletic), Coop and ROTC programs, and tuition waivers. There is also an overview of financial aid, information about federal and state aid, and answers to common questions. Previous editions included a 10-page listing of the top 40 sources of private aid; that has been expanded into an entire separate book, *Peterson's Scholarships, Grants, and Prizes 1997*, that focuses on private scholarships. The book comes with MSDOS financial aid planning software (need analysis and loan payment calculators). Previously published as *Paying Less for College*. Revised annually. To order a copy, call 1-800-EDU-DATA (1-800-338-3282) x660 or 1-609-243-9111 x660 (x462 for Spanish), fax 1-609-243-9150, write to Peterson's Guides, PO Box 2123, Princeton, NJ 08543-2123, or send email to [custsvc@petersons.com](mailto:custsvc@petersons.com).
16. *Profiles of American Colleges*, 19th edition, Barron's Educational Series, Inc., New York, 1993. \$18.95. 1,800 pages. Profiles of more than 1,500 schools, including costs and financial aid information. To order a copy, call 1-800-645-3476 or write to Barron's Educational Series, Inc., 250 Wireless Blvd., Hauppauge, NY 11788.
17. Nicholas A. Roes, *America's Lowest Cost Colleges*, 9th edition, NAR Publications, Barryville, New York, 1995. ISBN 0-89780-041-9 (\$9.95). 184 pages. This book contains a list of low cost (tuition and fees less than \$3,500) and tuition-free schools, organized by state. The list is predominantly community colleges, with a few state schools thrown in for good measure. To order a copy, write to NAR Publications, PO Box 233, Barryville, NY 12719.
18. John Schwartz and College Research Group of Concord Mass., *Best dollar values in American colleges*, 2nd edition, Prentice Hall, New York, 1990. ISBN 0-13083-494-7 (\$14.95). 320 pages.

### **Before you begin...**

This guide will lead you through a number of topics, including your academic eligibility, amateurism eligibility, registration with the NCAA Initial-Eligibility Clearinghouse, financial aid and recruiting guidelines. We address issues for 3 major important groups of readers:

- High school students who hope to participate in college athletics at a NCAA college or university
- Parents and legal guardians
- High school counselors and athletic administrators

### **Important Point**

The NCAA's initial-eligibility requirement establishes a **minimum** standard for athletic eligibility.

It is not a guide to a student's admission to the institution.

Under NCAA legislation, a student's admission is governed by the regularly published entrance requirements of each college.

## **What's the difference between Divisions I, II and III?**

### **Division I**

Division I member institutions have to sponsor at least seven sports for men and seven for women (or six for men and eight for women) with two team sports for each gender. Each playing season has to be represented by each gender as well. There are contest and participant minimums for each sport, as well as scheduling criteria. For sports other than football and basketball, Div. I schools must play 100% of the minimum number of contests against Div. I opponents -- anything over the minimum number of games has to be 50% Div. I. Men's and women's basketball teams have to play all but two games against Div. I teams, for men, they must play 1/3 of all their contests in the home arena. Schools that have football are classified as Div. I-A or I-AA. I-A football schools are usually fairly elaborate programs. Div. I-A teams have to meet minimum attendance requirements (17,000 people in attendance per home game, OR 20,000 average of all football games in the last four years or, 30,000 permanent seats in their stadium and average 17,000 per home game or 20,000 average of all football games in the last four years OR, be in a member conference in which at least six conference members sponsor football or more than half of football schools meet attendance criterion. Div. I-AA teams do not need to meet minimum attendance requirements. Div. I schools must meet minimum financial aid awards for their athletics program, and there are maximum financial aid awards for each sport that a Div. I school cannot exceed.

### **Division II**

Division II institutions have to sponsor at least four sports for men and four for women, with two team sports for each gender, and each playing season represented by each gender. There are contest and participant minimums for each sport, as well as scheduling criteria -- football and men's and women's basketball teams must play at least 50% of their games against Div. II or I-A or I-AA opponents. For sports other than football and basketball there are no scheduling requirements. There are not attendance requirements for football, or arena game requirements for basketball. There are maximum financial aid awards for each sport that a Div. II school must not exceed. Division II teams usually feature a number of local or in-state student-athletes. Many Division II student-athletes pay for school through a combination of scholarship money, grants, student loans and employment earnings. Division II athletics programs are financed in the institution's budget like other academic departments on campus. Traditional rivalries with regional institutions dominate schedules of many Division II athletics programs.

### **Division III**

Division III institutions have to sponsor at least five sports for men and five for women, with two team sports for each gender, and each playing season represented by each gender. There are minimum contest and participant minimums for each sport. Division III athletics features student-athletes who receive no financial aid related to their athletic ability and athletic departments are staffed and funded like any other department in the university. Division III athletics departments place special importance on the impact of athletics on the participants rather than on the spectators. The student-athlete's experience is of paramount concern. Division III athletics encourages participation by maximizing the number and variety of athletics opportunities available to students, placing primary emphasis on regional in-season and conference competition.

The advantages of competing in college sports are both immediate and lifelong. Participating in college sports provides opportunities to learn, compete and succeed. Student-athletes receive top-notch academic support, quality medical care and regular access to outstanding coaching, facilities and equipment.

And student-athletes, as a group graduate at higher rates than their peers in the general student body and feel better prepared for life after college.

College-bound student-athletes preparing to enroll in a Division I or Division II school need to register with the NCAA Eligibility Center to ensure they have met amateurism standards and are academically prepared for college coursework..

Playing sports for an NCAA school is not your only option. Check out the National Intercollegiate Athletics Association (NAIA) or the National Junior College Athletic Association (NJCAA) for other opportunities.

## **Division I**

To participate in Division I athletics or receive an athletics scholarship during the first year of college, a student-athlete must:

- Complete the 16 core-course requirement in eight semesters:
  - 4 years of English
  - 3 years of math (Algebra 1 or higher)
  - 2 years of natural or physical science (including one year of lab science if offered by the high school)
  - 1 extra year of English, math or natural or physical science
  - 2 years of social science
  - 4 years of extra core courses (from any category above, or foreign language, nondoctrinal religion or philosophy)
- Earn a minimum required grade-point average in core courses
- Earn a combined SAT or ACT sum score that matches the core course grade-point average and test-score sliding scale. (For example, a 3.000 core-course grade-point average needs at least a 620 SAT).

Student-athletes enrolling in college in August 2016 and later must meet all of the above requirements to receive aid in the first year and practice in the first term. In order to compete in the first year, prospects must meet all of the above and:

- Earn at least a 2.3 GPA in core courses
- Meet an increased sliding-scale standard
- Complete 10 core-courses prior to the start of the seventh semester, at least seven in English, math and science.

If a student-athlete earns nine credits in the first term, he or she can continue to practice the remainder of the year. If not, he or she can remain on aid but can't practice.

## **Division II**

If you enroll in a Division II college and want to participate in athletics or receive an athletics scholarship during your first year, you must:

- Graduate from high school;
- Complete these 16 core courses:
- 3 years of English
- 2 years of math (Algebra 1 or higher)
- 2 years of natural or physical science (including one year of lab science if offered by your high school)
- 3 additional years of English, math, or natural or physical science
- 2 years of social science
- 4 years of additional core courses (from any category above, or foreign language, nondoctrinal religion or philosophy);
- Earn a 2.000 grade-point average or better in your core courses; and
- Earn a combined SAT score of 820 or an ACT sum score of 68.

## **Division III**

While playing sports at a Division III school does not require you to register with the Eligibility Center, there are still some important things you need to know:

- Division III athletics provides a well-rounded collegiate experience that involves a balance of rigorous academics, competitive athletics, and the opportunity to pursue the multitude of other co-curricular and extra-curricular opportunities offered on Division III campuses.
- Division III playing season and eligibility standards minimize conflicts between athletics and academics, allowing student-athletes to focus on their academic programs and the achievement of a degree.
- Division III offers an intense and competitive athletics environment for student-athletes who play for the love of the game, without the obligation of an athletics scholarship.
- Division III athletics departments place special importance on the impact of athletics on the participants rather than on the spectators. The student-athlete's experience is of paramount concern.
- Division III athletics departments are dedicated to offering broad-based programs with a high number and wide range of athletics participation opportunities for both men and women.
- Division III places primary emphasis on regional in-season and conference competition, while also offering 36 national championships annually.
- Division III affords student-athletes the opportunity to discover valuable lessons in teamwork, discipline, perseverance, and leadership, which in turn make student-athletes better students and responsible citizens.
- Division III features student-athletes who are subject to the same admission standards, academic standards, housing, and support services as the general student body. The integration of athletics with the larger institution enables student-athletes to experience all aspects of campus life.
- Division III encourages student-athletes to take advantage of the many opportunities available to them, both within and beyond athletics, so that they may develop their full potential as students, athletes, and citizens.

Per the NCAA College-Bound Student Athlete Guide, Division II & III have different rules than Division I, as outlined below:

### Summary of Recruiting Rules—Divisions II and III

	DIVISION II	DIVISION III
<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications at any time.</li> <li>A coach may begin sending you printed recruiting materials June 15 before your junior year in high school.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive printed materials any time.</li> </ul>
<b>Telephone calls</b>	<ul style="list-style-type: none"> <li>No limit on number of calls by college coach beginning June 15 before your junior year.</li> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>No limit on number of calls or when they can be made by the college coach.</li> <li>You may make calls to the coach at your expense.</li> </ul>
<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>A college coach can have contact with you or your parents/legal guardians off the college's campus beginning June 15 before your junior year.</li> <li>No limit on number of contacts off campus.</li> </ul>	<ul style="list-style-type: none"> <li>A college coach may begin to have contact with you and your parents/legal guardians off the college's campus after your junior year.</li> </ul>
<b>Unofficial visits</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits any time, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits any time.</li> </ul>
<b>Official visits</b>	<ul style="list-style-type: none"> <li>You may make official visits starting June 15 before your junior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>You may make official visits starting the opening day of classes your senior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division III colleges.</li> </ul>

### Summary of Recruiting Rules for Each Sport—Division I

	RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
SOPHOMORE YEAR	<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> <li>You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> <li>Men's Ice Hockey—You may begin receiving recruiting materials January 1 of your sophomore year.</li> </ul>
	<b>Telephone calls</b>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach can make unlimited calls beginning June 15 after your sophomore year.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach cannot call you.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach cannot call you.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach cannot call you.</li> <li>Women's Ice Hockey—A college coach may call international college-bound student-athletes once on or after July 7 through July 31 after sophomore year.</li> <li>Men's Ice Hockey—May not be made before January 1 of sophomore year.</li> </ul>
	<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> <li>Men's Ice Hockey—May not be made before June 15 after sophomore year.</li> </ul>
	<b>Official visit</b>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>
	<b>Unofficial visit</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>



## Summary of Recruiting Rules for Each Sport—Division I

	RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
JUNIOR YEAR	Recruiting materials	<ul style="list-style-type: none"> <li>• Allowed.</li> <li>• You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul>	<ul style="list-style-type: none"> <li>• You may begin receiving September 1 of your junior year.</li> </ul>	<ul style="list-style-type: none"> <li>• You may begin receiving September 1 of your junior year.</li> </ul>	<ul style="list-style-type: none"> <li>• You may begin receiving September 1 of your junior year.</li> <li>• Men's Ice Hockey—You may begin receiving recruiting materials January 1 after your sophomore year.</li> </ul>
	Telephone calls	<ul style="list-style-type: none"> <li>• You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>• You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>• You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>• You may make calls to the coach at your expense.</li> </ul>
	College coaches may call you	<ul style="list-style-type: none"> <li>• Unlimited.</li> </ul>	<ul style="list-style-type: none"> <li>• Unlimited beginning September 1 of your junior year.</li> </ul>	<ul style="list-style-type: none"> <li>• One call from April 15 to May 31 of your junior year. Additional calls may not be made before September 1 of the senior year.</li> </ul>	<ul style="list-style-type: none"> <li>• May not be made before September 1 at the beginning of the junior year.</li> <li>• Swimming &amp; Diving, Cross Country, Track &amp; Field—May not be made before July 1 following completion of junior year, or the opening day of classes of the senior year, whichever is earlier.</li> <li>• Women's Ice Hockey—Once per week beginning July 7 after your junior year.</li> </ul>
	Off-campus contact	<ul style="list-style-type: none"> <li>• Allowed beginning opening day of classes. Contacts other than April period may only occur at your school. Contacts in April may occur at your school or residence.</li> <li>• No contact on the day of a competition.</li> <li>• Contacts may not occur during the time of day when classes are in session.</li> </ul>	<ul style="list-style-type: none"> <li>• Allowed September 1 at the beginning of your junior year.</li> <li>• No contact on the day of a competition.</li> </ul>	<ul style="list-style-type: none"> <li>• None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>• Allowed starting July 1 after your junior year.</li> <li>• Women's Gymnastics—Allowed beginning July 15 after your junior year.</li> <li>• Women's Ice Hockey—Allowed beginning July 7 after your junior year.</li> </ul>
	Official visit	<ul style="list-style-type: none"> <li>• Allowed January 1 of your junior year.</li> <li>• You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>• Allowed April of your junior year beginning Thursday following the Women's Final Four.</li> </ul>	<ul style="list-style-type: none"> <li>• None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>• None allowed.</li> </ul>
	Unofficial visit	<ul style="list-style-type: none"> <li>• You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>• You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>• You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>• You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>

## Summary of Recruiting Rules for Each Sport—Division I

	RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
SENIOR YEAR	Recruiting materials	• Allowed.	• Allowed.	• Allowed.	• Allowed.
	Telephone calls	• You may make calls to the coach at your expense.	• You may make calls to the coach at your expense.	• You may make calls to the coach at your expense.	• You may make calls to the coach at your expense.
	College coaches may call you	• Unlimited.	• Unlimited.	• Once per week beginning September 1. • Unlimited calls after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you. • Unlimited during contact period.	• Women's Ice Hockey —Once per week beginning July 7 after your junior year. • Unlimited calls after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.
	Off-campus contact	• Allowed.	• Allowed.	• Allowed beginning July 1 prior to senior year.	• Allowed.
	Official visit	• You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.	• You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.	• Allowed beginning opening day of classes your senior year. • You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.	• Allowed beginning opening day of classes your senior year. • You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.
	Unofficial visit	• You may make an unlimited number of unofficial visits, except during a dead period.	• You may make an unlimited number of unofficial visits, except during a dead period.	• You may make an unlimited number of unofficial visits, except during a dead period.	• You may make an unlimited number of unofficial visits, except during a dead period.
	Evaluation and contacts	• Up to seven times during your senior year. • Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.	• Up to seven times during your senior year. • Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.	• Up to six times during your senior year. • Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.	• Up to seven times during your senior year. • Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.
	How often can a coach see me or talk to me off the college's campus?	• A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus) seven times.	• A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus) seven times.	• A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus) six times. • One evaluation during September, October and November. • Two evaluations—April 15 through May 31 (once to evaluate athletics ability and once to evaluate academic qualifications).	• A college coach may contact you or your parents/legal guardians not more than three times during your senior year.

# Division I Worksheet

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's List of NCAA Courses for the classes you have taken. Use the following scale:

A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.

## English (4 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
Example: English 9	.5		A		(.5 x 4) = 2
<b>Total English Units</b>					<b>Total Quality Points</b>

## Mathematics (3 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
Example: Algebra 1	1.0		B		(1.0 x 3) = 3
<b>Total Mathematics Units</b>					<b>Total Quality Points</b>

## Natural/physical science (2 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
<b>Total Natural/Physical Science Units</b>					<b>Total Quality Points</b>

## Additional year in English, mathematics or natural/physical science (1 year required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
<b>Total Additional Units</b>					<b>Total Quality Points</b>

## Social science (2 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
<b>Total Social Science Units</b>					<b>Total Quality Points</b>

## Additional academic courses (4 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
<b>Total Additional Academic Units</b>					<b>Total Quality Points</b>

**Core-Course GPA (16 required)** Beginning August 1, 2016, 10 core courses to be completed prior to the seventh semester and seven of the 10 must be a combination of English, math or natural or physical science.

<b>Total Quality Points</b>	<b>Total Number of Credits</b>	<b>Core-Course GPA (Total Quality Points/Total Credits)</b>
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# Division II Worksheet

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's List of NCAA Courses for the classes you have taken. Use the following scale:

A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.

## English (3 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
Example: English 9	.5		A		(.5 x 4) = 2
<b>Total English Units</b>					<b>Total Quality Points</b>

## Mathematics (2 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
Example: Algebra 1	1.0		B		(1.0 x 3) = 3
<b>Total Mathematics Units</b>					<b>Total Quality Points</b>

## Natural/physical science (2 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
<b>Total Natural/Physical Science Units</b>					<b>Total Quality Points</b>

## Additional years in English, math or natural/physical science (3 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
<b>Total Additional Units</b>					<b>Total Quality Points</b>

## Social science (2 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
<b>Total Social Science Units</b>					<b>Total Quality Points</b>

## Additional academic courses (4 years required)

Course Title	Credit	X	Grade	=	Quality Points (multiply credit by grade)
<b>Total Additional Academic Units</b>					<b>Total Quality Points</b>

## Core-Course GPA (16 required)

<b>Total Quality Points</b>	<b>Total Number of Credits</b>	<b>Core-Course GPA (Total Quality Points/Total Credits)</b>
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# Sample Athletic Profile

**Name:** Bailey Howe  
**Address:** 2141 Rivercourt Road/South Bend, 46637  
**Phone:** 574-274-9683/ cell 574-850-2066  
**Email:** [8dog1@hotmail.com](mailto:8dog1@hotmail.com)  
**School:** South Bend Clay High School  
**Basketball Coach:** Ginny Scheys  
**Positon:** 3, 4, 5  
**Height:** 6'1"  
**Years Varsity/Avg. :** Sophomore/8 pts.  
Junior/19 pts.

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**Graduation Year:** 2016  
**Cum GPA:** 3.8  
**S.A.T.** 1900  
**ACT Composite** 30  
**Career Interest** International law or pediatrician

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**Summer Experience:** AAU Lady Giants out of Indianapolis 2013  
Five Star Camp 2013  
Metro Index Elite Camp 2014  
Plymouth Summer league 2013, 2014  
I.C.E. Summer League 2014  
Western Michigan Team Camp 2014

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**Extracurricular Activities:** Counselor/coach HERO's Camp  
Waitress at Elena's Restaurant  
Mayor's Student Government Council  
Class Vice President  
Volunteer Hope Rescue Mission  
Volunteer Reigns of Life  
Spanish Club I and II

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**Honors:** Jr. All –State Team  
All Metro Team  
Kiwanis Athlete of the Month  
NIC 2<sup>nd</sup> Team 2013  
NIC First Team 2014  
Sportsmanship Award 2013  
Top U.S. History Student  
Clay High School Citizen of the Year

# Sample Athletic Profile

Name: Joey Accebido  
Address: 221 Fellows—South Bend, 46613  
Phone: 574-271-9387  
Email: ja9@gmail.com  
School: James Whitcomb Riley In South Bend  
Baseball Coach: Arnie Augsburg  
Position: First Base/Third Base  
Throw: Right  
Bat: Left  
Height: 5'11"  
Weight: 170  
Freshman B.A. .289  
Sophomore B.A. .347 (3 HR/21 RBI/10 SB)  
Junior. B.A. .444 (8 HR/40 RBI/22 SB)  
Career Fldg. % .982



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Graduation Year 2016  
Cum. GPA 3.45  
ACT Composite 24  
S.A.T. Will take in December  
Career Interest Business

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Summer Experience: 2008---2012 East End Little League  
2012-2013 Michiana Red Raiders Travel Team  
2014—Present Riley Summer League Team

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Extracurricular Activities: Grace Methodist Church Youth Group  
Riley Holiday Canned Food Drive  
Martins Grocery, Stocker/Sacker  
Grounds keeper asst. for Coveleski Regional Stadium (Now Fourwinds Fld.)  
Tutor/Peer mentor at Boys and Girls Club  
Student Council 2014

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Honors: 2015 All-NIC First Team  
National Honor Society  
Rotary Student of the Month  
Riley Gold Glove winner 2014/20015  
Riley Silver Slugger Award 2015  
Ironman 2015 (never missed a practice or game)  
Top Infield Arm (84 MPH) at the Hoosier Diamond Showcase 2015  
Superintendent's Student Advisory Council 2014-15-16  
D.A.R. Speech Contest Runner- up